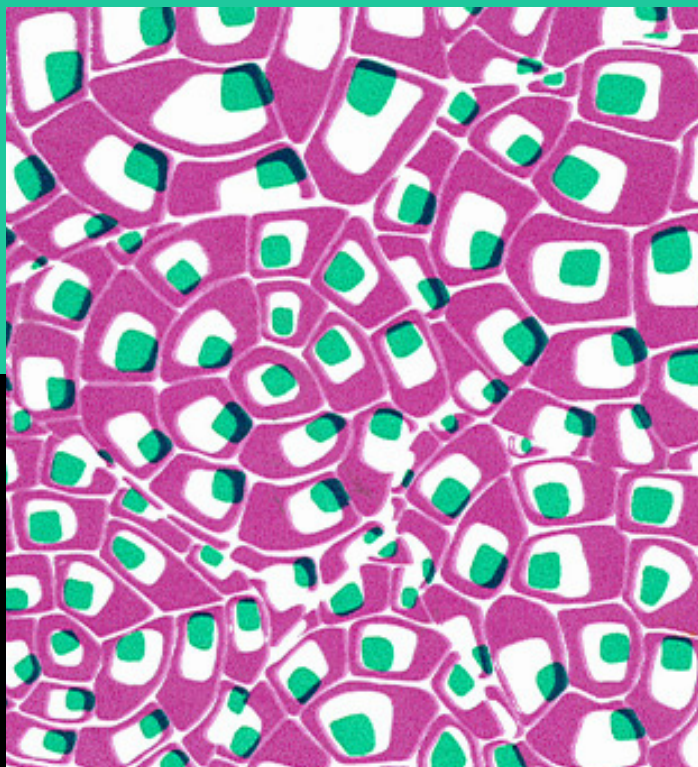
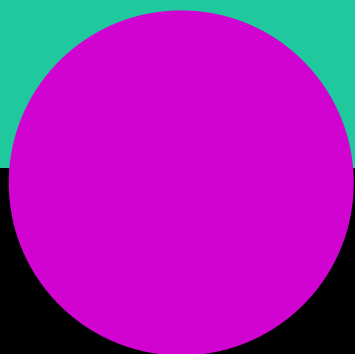


**WEDNESDAY 27 MARCH 2024**

**1.00 PM - 5.00 PM**



# **THE NORTHERN ART+HEALTH CONFERENCE 2024**

**THE NORTHERN SCHOOL OF ART  
STUDENT UNION,  
CHURCH SQUARE, HARTLEPOOL**

# CONFERENCE PROCEEDINGS

We are pleased to present our third Annual Student-Led Conference on the theme of Art + Health on **Wednesday 27 March from 1.00pm – 5.00pm** in The Northern School of Art Student Union. The programme of activities includes:

- Conference presentations from undergraduate and postgraduate students exploring health and wellbeing through creative approaches
- Over 20 artists, designers and photographers exhibiting work responding to themes related to Art + Health at The Northern School of Art Church Square Campus, Hartlepool
- An opportunity to visit the Nature + Ecology exhibition, an exploration of nature, habitat, and the natural landscape through objects and artefacts in the Museum of Hartlepool's collection curated by the MA Design History students at The Northern School of Art.

# CONFERENCE PRESENTATIONS

**1.00pm - *Welcome & Introduction***

**1.15pm - *Relationships between Art, Wellbeing and Neurodiversity***

**Clare Bell, MA Design Practice**

Clare Bell's practice explores how the form, structure and colour in our visual environment can affect brain responses through a creative practice-based investigation. In this presentation, Clare shares her research on the notion of how engaging in art and design practice can soothe the Neurodiverse mind.

**1.35pm - *Art as Therapy and the Emotional Landscape***

**MACHRIST, MA Art Practice**

Using diverse and unconventional materials in conversation with natural forms, multidisciplinary artist, MACHRIST, discusses how questioning, curiosity, and a sense of play through experimentation with materials can communicate forms of conscious and emotional release through harnessing expressive and intuitive mark-making.



# CONFERENCE PRESENTATIONS

## **1.55pm - *Artist Talk: Exploring Queerness and Navigating Neurodiversity through Comic Book Illustration***

### **Dbot.illustrates/HEX, MA Design Practice**

Dbot.illustrates/HEX is a non-binary, trans, queer and neurodivergent comic book illustrator whose work explores themes relating to gender expression, sexuality, and neurodiversity. Drawing on their own experiences with autism, Hex discusses their practice as a comic book illustrator and writer with a focus on the importance of being oneself and promoting a narrative of self-acceptance.

## **2.15pm - *To what extent do alternative sensory experiences impact the perception of visual art?***

### **Ada Malegowska, BA Hons Textiles and Surface Design, Level 6**

Curator, Textiles and Surface Designer, Ada Malegowska, presents her practice-based research that explores alternative sensory experiences and their effect on how we engage and interact with art in different settings.

## **2.35pm - Coffee Break & Refreshments**



# CONFERENCE PRESENTATIONS

## **3.00pm - *Curator's Talk: Info Dump***

### **Chris Sidney Mould**

As part of his MA research, Chris Sidney Mould curated the exhibition 'Info Dump', focusing on neurodivergent artists exploring their special interests and hyper-fixations. As part of the Conference afternoon, Chris discusses their curation of the Info Dump exhibition.

## **3.15pm - *The Northern School of Art Photo Social Presentation & Q & A***

### **Neil Bankhurst, BA Photography Level 5**

Photographer, Neil Bankhurst, leads The Northern School of Art Photo Social which is open to all students and staff at The Northern School of Art. In this presentation, Neil discusses the sense of community and connection that the Photo Social offers through the notion of developing photography skills through themed photographic activities, including darkroom learning, photo-walks, and 'anything goes' creative sessions.

## **3.35pm - *Artists Responding to Art + Health***

**Guided Tour of Exhibitions in Church Square,  
Hartlepool**



# EXHIBITION VISIT

**3.50pm - *Visit to Museum of Hartlepool to see Nature + Ecology exhibition***

**The Museum of Hartlepool, Jackson's Dock, Maritime Ave, Hartlepool TS24 0XZ**

Join us for a walk setting off from Church Square, Hartlepool to The Museum of Hartlepool (approximately 10 minutes) to see the Nature + Ecology exhibition curated by MA Design History students.

Nature + Ecology explores Hartlepool's wildlife, habitat, and diverse flora and fauna through objects and artefacts from The Museum of Hartlepool's collections. In conversation with the collection, students from The Northern School of Art respond to the beauty, diversity, and heritage of the natural landscape of Hartlepool through a range of interdisciplinary creative practices.

Drawing on historical and contemporary works, the exhibition aims to inspire with the local natural landscape, evoking discussion about how we can help preserve its beauty for future generations.

# EXHIBITING ARTISTS

## Spotlight on Practice

### **Clare Massey, BA (Hons) Fine Art**

Clare Massey's practice is process-led, and meditative in approach.

Compositions are often explored through repetitive line, shape, and pattern, inviting the viewer to connect with the work in quiet contemplation.

## Spotlight on Practice

### **Sophia Skirrow, BA (Hons) Fine Art**

Sophia Skirrow's screen-printed posters act as bold and instructional manifestations for self-care.

## Spotlight on Practice

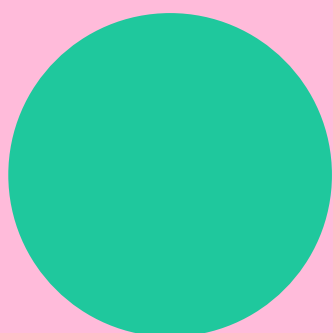
### **Jodie Judge, BA (Hons) Fine Art**

Jodie Judge's large-scale canvas paintings explore mental health and cathartic relief through powerful, gestural mark making.

## Spotlight on Practice

### **Katie Richardson, BA (Hons) Fine Art**

Katie Richardson's work focuses on the social, political, economic and cultural factors that affect the lives of women. Exploring the issue of 'doom scrolling', Katie comments on the effect that social media has on female mental health.





# EXHIBITINGS ARTISTS

**INFO DUMP** curated by **Chris  
Sidney Mould**

**Bee Yale** - *BA Hons Production  
Design for Stage & Screen*

**Hex Bonner** - *MA Design Practice*

**Phillipa Plumpton** - *BA Hons  
Illustration for Commercial  
Application*

**Plupio Lupio** - *BA Hons Illustration  
for Commercial Application*

**Theseus Valentine** - *BA Hons  
Production Design for Stage &  
Screen Graduate 2023*



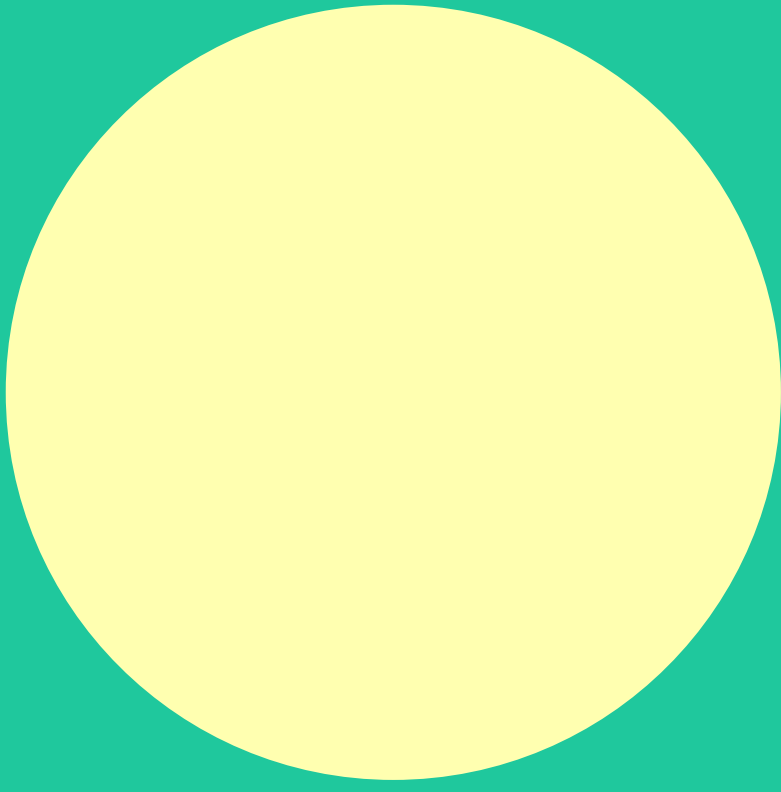


# EXHIBITINGS ARTISTS

## MINDFULNESS & WELLBEING EXHIBITION

Ada Malegowska  
Aimee Sulley  
Amy Woodward  
Cal Hayes  
Chloe Smith  
Clare Massey  
Dana Ball  
Jo Jenner  
Lauren Pounder-Devine  
Lee Bullivant  
Liliana Rodriguez  
Madison Parkin  
Robin McLaughlin





**THE NORTHERN ART +  
HEALTH CONFERENCE  
2024**

**Cover Image: Clare Bell, MA Design Practice**

# Nature + Ecology

AN EXHIBITION AT THE MUSEUM OF HARTLEPOOL



Image by Clare Bell, MA Design Practice

An exploration of nature, habitat, and the natural landscape through objects and artefacts in the Museum of Hartlepool's collections. Curated by the MA Design History students at The Northern School of Art.

**Friday 15**  
**March**  
**2024**

**Private View:**  
6.00pm – 8.00pm



# THE NORTHERN SCHOOL OF ART'S PHOTO SOCIAL

Open to **ALL** Students and Staff.



## 2024 DATES

*Themed but  
anything goes too.*

- Thursday 14th March 4-6pm : Learn Darkroom.
- Thursday 28th March 4-6pm : Editing Techniques.
- Thursday 11th April 4-6pm : Photo Walk.
- Thursday 25th April 4-6pm : A Photographer Talk.
- Thursday 9th May 4-6pm : Anything Goes / Q & A.

***Join us and take your  
photography to the next  
level - for FREE.***

Digital / Film / Phone  
All Styles / Genres

For more info and to sign up  
contact...

BANNMA3791@northernart.ac.uk

**PLUS...**

- A get together for those interested in Photography.
- Free Tea, Coffee & Biscuits
- Chat with others.
- Competitions.